

Dear Cheerleader Candidate,
Thank you for expressing an interest in the 2019 -20 Fayette County High School Cheerleader Squad. Please read this information carefully and submit the required paperwork to the school office (Fayette County High School) or Ms. Van de Motter (room 2210) no later than 4:30 Thursday, **March 21**. You will not be eligible to try out if your information as outlined in this packet is not received by the aforementioned deadline.

Clinic Info

- When?** Clinic will be held Monday through Wednesday, March 25, 26 and 27 from 4:15 -6:15, and tryouts will be held **Thursday, March 28 at 4:15.**
- Where?** Clinic will be held at the FCHS Gym.
- Who is Eligible?** Any student who is on track academically and has the desire to respectfully represent our school with enthusiasm
- What does it Cost?** There is no cost to try out for the 2019-20 cheer squad. Students who make the squad will be responsible for paying an activity fee of \$350.00 and purchasing uniforms, warm-ups, socks, shoes, briefs, and contributing to instructional fees. Fundraisers may lower costs.
- What Do I Wear?** Wear comfortable black shorts (non-slippery) and Plain white t-shirts (midriffs, suntops, tanks or tubes are not permissible.) Socks and tennis shoes are mandatory. Do not wear any part of past cheerleading uniforms, camp shirts, jerseys, or school shirts. Jewelry including all earrings, bellybutton rings, nose rings, etc. must be removed before coming to clinic. Hair should be secured from face and neck. Nails should be short – no nail polish and no fake or sculptured nails.
- What Should I Bring?** Candidates should bring a water bottle, small towel, Tiger Spirit, lots of enthusiasm and a great attitude daily.
- What is the Judging Criteria?** **Entrance** (Presence/Poise/Spirit & Enthusiasm)
Jumps (Toe Touch/Herkie/Pike)
Cheer and Chant(Motion Technique/Voice/Projection)
Dance (Sequence/Rhythm/Technique)

**What Must I Submit
To be Eligible?**

The following items must be submitted to the school office or Ms. Van de Motter by Thursday, March 21, 2019.

Students may not participate without the completion and submission of the following forms:

- Parental Consent for Participation form
- Parental Consent for trips form
- Physical Examination packet (Physicals are valid for one calendar year.) Please use the attached forms. **If you have a current physical form on file with your school, you still need to submit a copy of the physical to me.**
- Concussion Forms
- Code of Conduct Contract
- A completed Cheerleader Candidate Info Sheet
- Candidates must give one Teacher Recommendation form to 3 different teachers – English, Math, and subject of your choice. These forms are confidential so teachers should submit those to Ms. Van de Motter at FCHS.

Remember

Everything you do or don't do during clinic will affect your chances of becoming a Tiger cheerleader. So.....

- Submit all required paperwork.
- Be on time and in attendance for every clinic session. Clinic will start promptly at 4:15 each day.
- Always listen to the coach and the instructors. If you are talking, you will miss something.
- Ask for help if necessary. We are willing to give individual assistance so you can do your best.
- Always display a good attitude, extreme effort, and respect toward others.
- Smile! Smile! Smile! Show your Tiger spirit!

IMPORTANT

All clinic sessions and tryouts are closed to any and all spectators. Parents should pick up participants each day promptly at 6:15.

I look forward to meeting all of you Tiger fans and cheer squad candidates. Work hard and good luck!

Sherry Van de Motter
Fayette County Head Cheerleader Coach
vandemotter.sherry@mail.fcboe.org

**Fayette County High School
Cheerleader Candidate Information Form**

(Please Print)

Candidate's Full Name _____

Address _____

Parent/Guardian _____

Home Phone Number _____ Parent Cell Number _____

Emergency Name and Phone Number _____

Student Cell Number _____ Student Email _____

Parent Email Address _____

School Presently Attending _____

Present Grade _____ Age _____ Date of birth _____

Have you had any experience as a cheerleader? _____

If so, where and for how long? _____

(Experience is **not** necessary.)

Have you had any dance or gymnastics training? _____

If so, what type and for how long? _____

Explain why you want to become a FCHS cheerleader. _____

Using the given scale below, rate yourself in the following areas.

___ Honesty ___ Responsibility ___ Leadership ___ Attitude ___ School Spirit

5=Excellent 4=Above Average 3=Average 2=Fair 1=Poor 0= Unacceptable

***Please have your counselor sign below stating you are academically on track.**

(Only high school students, not 8th grade)

Student Name _____

Counselor's Signature _____

Date _____

Fayette County High School Cheerleading Teacher Recommendation Form

Candidate's Name _____ School _____

Teacher's Name _____ Subject _____

Using the scale below, please rate the above candidate in each of the following categories.

5=Excellent 4=Above Average 3=Average 2=Fair 1=Poor 0=Unacceptable

Attendance

Attitude

Cooperation

Dependability

Honesty

Leadership

Maturity

Relationship with Peers

Good Representative of School

Effort

*First Semester Average _____

Second Semester Average to Date _____

Comments:

Thank you for carefully completing the above confidential form. Comments are encouraged and appreciated. Please return all teacher recommendation forms to Sherry Van de Motter at Fayette County High School by Thursday, Mar. 21 at 4:00 p.m.